

# HOSPITALISTS' PERSPECTIVES ON OPTIMIZING BASAL INSULIN IN TYPE 2 DIABETES:

Evaluating Current and Emerging Therapies and Their  
Impact on Therapeutic Inertia and Transitions of Care



## Transition of Care Planning Resources and Patient Education Materials

### Clinician Resources

- American Diabetes Association (2024) (ADA) – "Standards of Medical Care in Diabetes" - Section 16. Diabetes Care in the Hospital.: Standards of Medical Care in Diabetes  
doi:[10.2337/dc24-S016](https://doi.org/10.2337/dc24-S016)
- Association of Diabetes Care & Education Specialists – Advancing the Field of Diabetes Care and Education  
[www.adces.org](http://www.adces.org)
- University of California, San Francisco – 07. Inpatient Diabetes Guidelines  
[hospitalhandbook.ucsf.edu/content/07-inpatient-diabetes-guidelinesat](https://hospitalhandbook.ucsf.edu/content/07-inpatient-diabetes-guidelinesat) UCSF (General Rules, Hypoglycemia Protocol, Insulin Regimens and Adjustments)
- American Diabetes Association (2022) – Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes: Challenges and Solutions  
doi:[10.2337/dsi22-0013](https://doi.org/10.2337/dsi22-0013)



### Patient Education and User-Friendly Tools



- Centers for Disease Control and Prevention – Types of Insulin  
[www.cdc.gov/diabetes/about/how-to-use-insulin.html](https://www.cdc.gov/diabetes/about/how-to-use-insulin.html)
- Mobile apps: All available for iOS and Android
  - Insulin Buddy
  - Glucose Buddy [www.glucosebuddy.com](http://www.glucosebuddy.com)
  - Diabetes Self-Management
  - MySugr [www.mysugr.com/en-us](http://www.mysugr.com/en-us)
  - Tidepool [www.tidepool.org/download](http://www.tidepool.org/download)
  - One Drop [www.onedrop.today](http://www.onedrop.today)